

**Contemplative Outreach of Central Iowa  
Steering Committee  
May 7, 2012  
7:00 pm—Plymouth Congregational UCC, Center for Spiritual Growth**

Attendance:

Chris, Cheri, Marilyn, Darla, Jim, Donna, Sandi, Dave, Jim, Meredith, Margaret, Jill, Sid, Paul

**1. Welcome/Intro/someone to take notes for tonight.**

Dave took notes.

**2. Receive meeting notes from Feb 13 meeting**

**3. Retreat thoughts/Evaluation**

Compensated Paul and Stephanie \$500 each.

2013 retreat will be April 6-13 at Creighton Retreat Center near Griswald IA. \$100 deposit.

Room for more people with private rooms. Carl Arico will be there.

Saturday will be a one day event for up to 100 people.

30-40 capacity for the 7 day silent retreat to follow. Arico will conduct Masses. There will also be ecumenical services.

We need people to plan events.

Asked for people to help plan. Volunteers are Darla, Marilyn, Sid, Jim.

Probably \$600 cost.

**4. Reminder: Visioning Day, Welcoming Prayer, July 21**

The welcoming prayer service team is Dave, Jim—Suzanne can't make it.

In the morning Susan Komis will do the welcoming prayer intro.

We hope you will help us reach out to the groups.

The visioning meeting is for people who are active in prayer groups. We'll choose a co-coordinator to replace Paul.

Visioning day service team is Jane and Margaret. There will be a meal between events.

Dave and Jim will meet with Paul after Centering Prayer on Monday May 14th.

**5. Spiritual Journey service team for 2012-13**

Need to pick the topic/book/video. How to promote events. Who facilitates? Perhaps one of the groups could offer the spiritual journey series. Perhaps someone from the current class could be on the service team?

Suggestion: Henri Nouwen books on spiritual direction and spiritual formation.

Dave volunteered to be on the service team.

**6. Items for next years's calendar**

We need to nail down the September and October schedule so we can put on web site. Typically we do about one event per month.

Paul is going to offer a one day retreat approximately each month at Covenant Christian Church; e.g.,

- Sept 8th, Richard Bruxfort Culligan, a psalmist.
- Oct 13th Jim Autry: "Poetry as a Spiritual Discipline." (Jim is from Strawberry Point.)
- Nov 10th Contemplative Discussion;
- December, nothing.

Other possibilities for Paul's one day retreats:

- Possibly have Tim so a lexio divina workshop and/or Icon prayer
- Joyce Rupp lead a retreat

Chris: C.O.C.I. might or might not partner on these things. What do we want offered from the chapter's perspective? Do Paul's suggestions align with COCI's agenda? What things have been meaningful in the past?

Note: Let this group figure out events and let the leadership team figure out where Intro to C.P. is appropriate.

Suggestions for COCI:

- Enrichment Day in January
- 3rd Saturday in March United in Prayer Day
- Silent Saturday half-day retreat (mandalas, labyrinth, no activities, no programming except c.p.?)
- Active Prayer workshop
- Jesus Prayer workshop
- Welcoming Prayer update
- Other beginning classes (Intro Workshop?)
- Soul of the Prairie
- Also could do enrichment day at FCC instead of Central Presbyterian
- Ames Collegiate Presbyterian wants to do another Taize service in January or February

#### Tentative Schedule 2012-2013

- Sept 30: Taize at FCC, 6:30PM
- Oct 13: Jim Autry Poetry Retreat at Covenant Christian 9am-3pm(ish)
- Nov 10: Contemplative Dialog at Covenant Christian 9am-3pm(ish), includes lunch
- Dec 1: Advent Retreat @ Plymouth 8:30-noon
- Jan 19: Day of Enrichment 8:30-1:30/2:00 at FCC (instead of Central Presbyterian) [snow date Jan 26]
- Feb 9: Lectio (by Tim) at Covenant Christian 9am-3pm(ish)
- Mar: United in Prayer Day
- April: Retreat
- May: Open
- June: Soul of the Prairie

**7. Next meeting, August 6, 2012.**