



The people who walked in darkness  
have seen a great light.

Isaiah 9:2

10/2017

714

# HOLDING THE LIGHT

An Advent Retreat  
of prayer and meditation  
Saturday, December 2  
9:00 a.m. to noon

Grace Lutheran Church  
3010 52nd Street, Des Moines

Join us for a morning of quiet, prayer and reflection as we “Hold the Light” for the world this Advent season. As the world begins to crank up the wheels of commerce and the noise of celebration, you are invited take a moment to pause in the quiet, and bask in the light.

Registration and Refreshments: 8:30 a.m.

Gather for Centering Prayer: 9:00 a.m.

Register at [www.centeriowa.org](http://www.centeriowa.org)

Questions: [paulwitmer@msn.com](mailto:paulwitmer@msn.com); 515.240.1653

Suggested donation: \$15



Contemplative Outreach  
of Central Iowa

Silence Solitude Solidarity Service

[www.CenterIowa.org](http://www.CenterIowa.org)