



# **Advent Silent Saturday Retreat**

## **Doorway Into the Quiet**

### **Dec. 4, 2021 9AM-noon on Zoom**

**Contemplative Outreach of Central Iowa** invites you to set aside 3 hours on the first Saturday of Advent to explore quiet reflection and Centering Prayer with others while in your own home. A Zoom link will be sent to all registrants three days prior to the event with a reflection booklet and suggestions about how you might spend the quiet morning. Please register at [centeriowa.org](http://centeriowa.org). \$15 donation accepted. Send to COCI, % Cheri Grauer, 2226 Holliwell Valley Ct., Winterset, IA 50273

## **Advent Silent Saturday Retreat**

Doorway Into the Quiet At this time of year, finding quiet is precious and challenging. Contemplative Outreach of Central Iowa invites you to set aside 3 hours on the first Saturday of Advent to explore quiet reflection and Centering Prayer with others while in your own home on zoom.

Date: December 4<sup>th</sup>, 2021

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