



February 10, 2024
9:00 AM to 3:30 PM
Walnut Hills United Methodist
12321 Hickman Rd, Urbandale, IA
Reflections on Wilderness

“And Jesus, full of the Holy Spirit,
returned from the Jordan
and was led by the Spirit in the wilderness.” Luke 4:1

Wilderness experiences can be multi-faceted. The wilderness sometimes removes the noise and busyness of the everyday so we can hear God’s voice clearly. It can also be a time to encounter God in discomfort and suffering. This day will be a day to enter the wilderness for sacred time with God.

Please join us for a day of Centering Prayer and Silence as we enter the Season of Lent.

Please register at www.centeriowa.org

\$30 (Includes Lunch)

Make check to: COCI

Send to: Tim Goldman, 709 22nd St. West Des Moines, IA. 50265

Please contact one of us if you have any questions.

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