

## COCI Meeting Schedule

### **Carmen Acevedo Butcher: The Cloud, the Presence and Centering Prayer**

11:00-1:00

October 1, 2022

Learn more from a contemplative author.

Zoom presentation hosted by Contemplative

Outreach International

To register, go to:

<https://www.contemplativeoutreach.org/events/>

### **Doorway Into Silence**

October 21<sup>st</sup>, 22<sup>nd</sup>, 23<sup>rd</sup>

Rock River Retreat Center, Webster City, IA

Registration Open Now!

### **Expressions of Gratitude**

The month of November

Online journal opportunity for COCI

More information to come.

### **Advent Retreat**

December 3<sup>rd</sup>, 9:00-3:30

Grace Lutheran Church 3010 52<sup>nd</sup> St.

Des Moines, IA

Registration coming in November.

### **Winter Solstice: Seven Sacred Pauses**

December 21

7:00 a.m. 9:00 a.m. 11:00 a.m.

Noon 1:00 p.m. 3:00 p.m. 5:00 p.m.

Immanuel UMC, 2900 49th Street

Paul Witmer

That evening:

#### **Taize**

Immanuel UMC, 2900 49th Street

6:00 p.m. Taize Rehearsal/Supper

7:00 p.m. Taize

### **New Year Retreat Day on Zoom**

January 1, 2022

9:00-3:30

More information to come.

### **Facilitators Support Workshop**

January 21, 2023

9am-Noon

More information to come.

### **Lenten 18 Hour Retreat**

Feb. 24<sup>th</sup> & 25<sup>th</sup>

More information to come.

### **United in Prayer Day and Retreat**

March

More information to come.

### **Good Friday: Seven Sacred Pauses**

April 7th

6:00 a.m. 8:00 a.m. 10:00 a.m.

Noon 2:00 p.m. 4:00 p.m. 6:00 p.m.

Immanuel UMC, 2900 49th Street

Paul Witmer

### **Taize**

April 22 or 23

More information to come.

### **8 Day post-intensive retreat**

July 14-21, 2023

Benet House, Rock Island IL

More information to come.